

Dr. Irene Feher (D.Mus)

EuSing! Adventures in Singing: Uniting Body, Mind and Voice

**Would you, or do you love to sing?
Are you hesitant because you believe that you can't?
Do you miss singing, or have you lost the joy of singing?
If you have answered yes to any of these questions, come join us!**

Eusing!
Sing for the pure joy of it!

Eusing! is a vocal workshop that connects people who love to sing, want to sing, need to sing! Come, and discover your authentic voice, sing in a supportive and fun environment, and learn about vocal technique and basic musicianship. No experience is needed, and all voices are welcome! Our philosophy: If you have a voice, then you can sing.

Our facilitator, Dr. Irene Feher (D.Mus.), is a voice teacher with 23 years of experience and a passion for community-based singing.

Long Description

We are born all artists - the challenge is remaining one as we grow up.

Pablo Picasso

Many of us carry a deep longing to open up and sing for the pure joy of it. Maybe it is time to fulfill that very desire that has been set aside or hidden away. These inspiring workshops are for any anyone who loves or would love to sing. I invite you on a journey of musical self-discovery, or re-discovery through singing.

My holistic approach is built upon study of the acoustics and physiology of singing, vocology (the science and habilitation of the singing voice), motor skill development, somatology, and the art of improvisation (as taught by David Darling et. al at musicforpeople.org). I engage participants in exercises that allow them to

use their intuition, senses, and instincts as they explore their voices and discover the range of vocal expression they possess. As they learn to trust themselves, participants begin to sing with an empowering sense of self-reliance.

Frequently Asked Questions:

Is it true that almost anyone can learn how to sing? Yes, scientific research has shown that almost anyone (94% of the population) can learn how to sing.

Is it true that some people are born with fantastic voices and just have what it takes? Yes, and it is usually because these people have grown up singing and surrounded by singing.

Is there such a thing as vocal technique? Yes, once a person learns what it feels like to have dynamic posture, unimpeded breathing, a free throat, and flexible articulators, s/he has the tools to explore and create in any musical style.

Why do we sing? Singing is an essential element of human expression, communication and healing. My study of singing practices of different cultures revealed that the singing voice is much more than a musical instrument used for artistic expression, it is used for healing, teaching, learning, communicating, and comforting. Singing brings people together for a common cause. Every single culture on this planet has a long history with singing.

How is it that singing can heal people? Very Simply put, sound (musical tones and rhythms) is pure energy, our bodies are pure energy, and it is the synergy of that energy that creates healing. Scientific studies have measured and documented the physiological, psychological, social, and cognitive benefits of group singing.

How long will it take me to learn how to sing? It varies, but I can say with confidence that most people learn to comfortably carry a tune within six to ten weeks.